

## Agenda

April 27<sup>th</sup>

Present – Lorlai, Katie wade, Lucy Thompson, Tracy, Shila, Tina, Mary Ann, Amanda G. Lori C.  
Will add the people logged in online\*\*

Regrets – Marla L.

Meeting Called to Order – Wednesday 6:32

Agenda Presented -

- Minutes from last meeting read – Approve Shila Second Mary Ann

Principle Report –

- K-3 assessment were taken up – one assessment for kinder 1,2  
Another assessment grade 123 (grade 1 and 2 have two assessments)

Found out on 12 – in by the 20<sup>th</sup>

Took more than 5 minutes, lots of data to report

The program needs to be more efficient.

Hoping for good data back, and good intervention strategies

- Sanitizer – Soap Issues – sore hands  
The soap has changed in the dispensers. If your child is having issues please contact Tracy
- Assurance Survey formally accountability pillar  
Should have it by now – if not please talk to Tracy immediately– deadline is end of day tomorrow
- New Draft Curriculum – teacher perspective was agreed social is a mess  
Teachers were split into groups to review sections -  
Language arts and math were reviewed  
K1,2 knowledge and vocab is quite high  
No application to learning – letters and sounds, words to spell, not a lot of application  
More focus on grammar and punctuation  
Concerns about number of outcomes  
Rest was manageable, lots of worksheets? What supports?

Math – Grade 3/4

High number of outcomes – 3 new outcomes a day

Higher level outcomes have been brought down

Multiplication grade 3 goes up to grade 5 level (5x5 to 10x10)

Not enough time to cover

Math and language grade 5/6

Text very complex – Shakespeare, Homer

Writing mechanic concern

Lower level thinking process rather than higher level thinking and applying

Outcomes for math brought down from higher levels with bridging concerns

Robert – a number school divisions have said what they think right away

- Palliser taken a different approach – approaching their schools and parents. More methodical approach.
- Palliser will not be proceeding with any pilot projects as it currently stands.

- This has been communicated to the education minister today
- Would still like the opportunity to provide feedback
- Now not the time to implement a new curriculum  
Comments are still welcome, to the school board or the education minister  
Heard clearly fundamental flaws – there is some good but it is not ready to be piloted.

Katie Wade – Thank you for asking for feedback, and listening to the feedback

- Swimming – not sure. Waiting on word from Palliser for approval  
Pools are booked for last two weeks of June
- Last day school – pool is booked Wednesday/Thursday  
Considering different ideas  
Shaved ice truck, icecream truck  
Kinsmen soap box derby –
- Heather dawson is planning a track and field for end of may
- Garbage clean up – Thursday
- Fitness Challenge – email coming free registration to youth in couty  
Focus 7 division of health, not just physical

Trustee Report – Please see attached for more detailed report

Acknowledge Lorelie – You are awesome, thank you for preparing the reports

2 board meetings since last meeting

- Facility report – thank you to maintence staff, and custodial staff
- Human resources – presented –  
Serves 1005 contracted staff, 355 certificated, 500 support staff, 583 casual and supstitute,  
We have demanded more services from less people  
2020.2021 – 4 hr team member 2018.2019 – reduced to 5 2018 – 6
- Congratulations to Dr. Adam Browning for completing his Doctorate. Dr. Browning's hard work is evident in all that he does and it benefits all Palliser students.

April 27

Curriculum – will not be piloted

Three year caplitol plan – prioritize large scale projects

Awards modernization of new school every three or four years

Currently approved high school in Coal Dale –

Board established priority

Coalhurst Highschool, CCHS, Sunnyside school

May 25 next meeting

Treasure report

Balance at – 29887.45

Wrote cheques one book/one school

Bill for market street – Kinettes credited account

Need for another approved person to sign cheques

Mary Ann – make motion to add Tina Reimer as vice chair if can after review of parent council bylaws

Katie wade second

Nancy to review the bylaws

Hot Lunch –one or two more before end of the year

Mary Ann- good news – books are in!

Package done, launch of a Boy Called Bat – May 10-30

Packages will be sent home day of launch

Really good parent workshops happening. Please see attached email

Developmental checkups –

Include something from parent council in each bag

Meeting adjourned – 7.33

Casino Meeting called to order

7.34

Present – Lorlai, Katie wade, Lucy Thompson, Tracy, Shila, Tina, Mary Ann, Amanda G. Lori C.

Will add the people logged in online\*\*

Regrets – Marla L.

Minutes read – Shila approved, Mary Ann seconded, motion carried

Teacher wish list has received tentative approval. Marla will keep us updated

Casino dates are being re-assigned – no word yet on future casinos

Clay for kids – no longer coming out to schools. Vulcan has decided not to participate in its current online form

Update on outdoor playground / classroom

We will come up with a plan and report back

Even if the school is waiting for the funds, it would be good to have the plan if any maintenance work needs to be done, some foundation work on future structures could also happen

Treasurer –

Casino account has \$22428.28

Cheques – there are more cheques to be issued to clear up the teacher wish list and sound creations

Meeting adjourned 7.55

Next meeting June 7 6.30



## Upcoming Events and Resources for June

**Conversation Café's** – Monday's at 7pm. Starting May 10 (No session May 24<sup>th</sup>) This group is for anyone looking for some engaging conversation. Questions are shared to get the group talking with the intention of feeling connected and enhancing our feeling of well-being. Social connection is a pillar of health. Call 403-485-2192 to register or find the links at [vulcanandregionfcss.com](http://vulcanandregionfcss.com) If you need help learning zoom give us a call and we can walk you through a practice meeting.

**Early Learning Developmental Check-Up** – Appointments can be booked at VPE for May 28 and June 4 IT'S FREE! and available in your community! You can access expertise including a Speech & Language Pathologist, to assess your child's strengths, and learn how to best support your child in areas of growth. It's fun, it's informative, it's important and can save tears later.

### Rainbow Literacy and Learning Society offers:

#### Building Blocks

Building Blocks is a 10-30 week program that happens in your home. We will provide you with strategies, games, activities and learning tools to help aid with your child's learning.

\*This is a **FREE** program for children 0-17 years of age. \*Registration is required.

#### Signs of Spring Scavenger Hunt

Enjoy the warm weather by taking a walk and looking for signs of spring! Participants will be provided with clues and a map that will provide them with everything they need to complete the scavenger hunt. There will be two separate scavenger hunts. One aimed at seniors and one aimed towards families. All registered participants will be entered to win an Apple iPad.

\*This is a **FREE** program for families and adults. \*Registration is required. \*\*Follow all current AHS COVID-19 public health protocols.

#### Story Walk

Pages from popular children's picture books will be posted around a walking path/ route in communities throughout the County of Vulcan. Enjoy the chance to read and stretch your muscles at the same time! Participants will be provided with a craft kit that they can complete after reading the story. \*This is a **FREE** program \*Registration is required.

**MCG Careers** offers workshops and Career Coaches are available to provide guidance and support as you strive to achieve your career and employment goals.

All of our services, programs and supports are at NO COST.

To book an appointment call 1-844-601-2660

**Community Education Services Register for these free online workshops at:**  
<http://community.hmhc.ca/>

**April 28 Mental health for highly sensitive teens; unique struggles for these emotional feelers**

10:30 AM - Noon

**April 29 Supporting LGBTQ2S+ Children and Youth: A Workshop for Parents and Family Members**

1:00 PM - 3:00 PM

**May 03 From Homework to Housework: Raising Responsible Children For parents of children 5 – 12 years old**

1:00 PM - 2:30 PM

Parents have a role to play in helping children establish good homework habits. Parents also play a critical role in building healthy school attitudes and effective home/school communication. Being responsible is more than just doing what you're told; it involves problem solving and decision making. Children are not born responsible; parents must teach the skills to their children. Children need to learn that their actions have consequences, good and bad and that it is their choices and decisions that largely determines what that consequence will be. They also need to learn from the consequences so that they can be a part of any solution that is required if their choices result in a need to "fix" things.

In this workshop, Parents will learn:

What role they play in teaching their child responsibility

The 3 parts to responsibility

Ways to encourage children to become responsible for themselves and their chores

How and when to start giving children chores and some age appropriate chores

Should we pay children to do chores?

Whose problem is it if the chores aren't completed?

Tips on setting up a family chore chart?

**May 3 "All of my coping strategies went out the window": How neurodivergent individuals and their caregivers are coping during the pandemic**

6:30 PM - 8:00 PM

**May 4 Employment Workshops for caregivers and their youth: Resume Writing & Work Search Strategies, Networking and Conflict Resolution**

6:30 PM - 7:30 PM

One-hour workshops, for parents/caregivers & their youth, covering:

May 4 & 8: Resume Writing – Learn how to create a youth resume, including an exploration of the different styles and uses for resumes.

May 10 & 15: Networking and Work Search Strategies - An exploration of youth job search strategies and how to create networks.

May 17 & 22: Conflict Resolution - Gain an understanding of what conflict is and how to resolve it in the workplace.

## **May 5 Understanding Teen Mental Health & Wellness**

6:00 PM - 8:00 PM

## **May 6 Juno House presents: Healthy Brains = Healthy Children**

10:30 AM - Noon

Before High School graduation, one third of adolescent girls will experience depression, anxiety disorders, self harm or an eating disorder.

At Juno House [www.junohouse.ca](http://www.junohouse.ca) we believe in the extraordinary healing power of parents and caregivers. We believe that you can learn all of the skills that you need to become your teen's emotional coach. We believe that talking does not grow neurons; experience grows neurons. We will share steps and strategies from the Juno House Therapeutic Model that will give you effective emotional coaching tools for your children as they develop through adolescence and into young adulthood. You will learn about :

- Neuroscience and the developing brain,
- Brain integration of the left and right brain,
- How anxiety develops,
- The background of emotions and how to understand them in your child,
- The five emotional coaching steps,
- Strategies to help guide your adolescent through the challenges they will face in their academic, peer, and emotional environments.

## **May 6 Emerging from the shadows - recognizing signs of mental distress in our children and youth as we navigate through the pandemic and beyond**

6:00 PM - 8:00 PM

Overview on current mental health trends seen in children and youth, we will share universal approaches and an introduction to some easy screening tools parents can review and implement. The session will review the mental health impacts of the last 18 months - what physicians have seen and what is still emerging. Participants will learn to recognize normal distress reactions, including physical signs of emotional stress, when further assessment is needed and the importance of early detection. It will also explore who to turn to for more information and support. Building resilience together - takes a village.

## **May 11 Understanding and Using Mental Toughness to Enhance Performance: When Toughness is Really NOT About Being "Tough."**

6:30 PM - 8:00 PM

Mental toughness (MT) has a great deal of evidence to support its use in education, but is also broadly misunderstood because of its roots in competitive sport and in high-performance arenas such as the military and business worlds. There are lots of stories of professional athletes and folks like Navy SEALs who talk about MT. But what about the rest of us? What about kids? In this webinar, we will discuss what MT really is – and the critical value of mental

sensitivity and mental flexibility in enhancing our performance and in supporting kids and ourselves to become more willing risk takers, be more resilient, have more interpersonal success, and how to not only learn from mistakes but also actively seek out opportunities for new learning.

### **May 12 Intergenerational Trauma- Learning and Healing**

5:30 PM - 7:00 PM

In this session, you will be walked through some information about intergenerational trauma and how it has impacted the Indigenous peoples of Canada and societal imprints on a specific population. With this information participants will learn through questions, videos and examples and hopefully spark attendees to learn more. Attendees will also learn about a Boys & Girls Clubs of Calgary Indigenous led program for youth that is challenging systems and creating space for healing.

### **May 13 Acceptance and Commitment Therapy for Caregivers – What's it all about?**

6:30 PM - 8:00 PM

This workshop is about caring for the caregiver. Participants will be taught tools and techniques towards taking care of themselves so that they, in turn, can mindfully connect with their child/young adult. Acceptance and Commitment Therapy (ACT) processes and how they can support caregivers of neurodiverse individuals (including autism and other developmental differences) will be discussed.

Acceptance and Commitment Therapy (ACT) seeks to help individuals to manage difficult things in their lives and mindfully connect with things that are most important in a way that is loving and respectful. With an introduction to the concept of 'mindfulness,' ACT helps to develop a new mindful relationship with unwanted thoughts and feelings. This process helps a person to be more open, and to take action consistent with what they care about.

### **May 18 Resilience**

1:00 PM - 3:00 PM

Resilience is the capacity to recover quickly from difficulties or hardship. So what makes humans resilient? And what is the role of resilience in our lives? Additionally, how does resilience relate to mental wellbeing? Resilience can also help offset factors that increase the risk of mental health conditions and can help keep mental health concerns like depression or anxiety at bay. Come join us for this presentation as we uncover the five pillars of resilience: self awareness, mindfulness, self care, positive relationships & purpose. By strengthening these pillars, we in turn, become more resilient.

### **May 20 Play with Purpose: The Impacts of Play on Development & Incorporating Play into Learning**

6:30 PM - 8:00 PM



Play is one of the most important and impactful ways children learn. In this workshop, we will explore a variety of skills that can develop through play, the different types and stages of play, as well as working through those tricky moments when conflict arises during play. By the end of this presentation, you'll have a better understanding and appreciation for play, and more playful tools that you can incorporate into your household or classroom!

### **May 27 Supporting Your Children to have Healthy Relationships During a Pandemic**

6:30 PM - 8:30 PM

This presentation will focus on how parents can help children develop and maintain positive healthy relationships in their children. The COVID-19 pandemic has led to a requirement for physical distancing from peers and increased social connection online. Physical distancing does not mean the same thing as social and emotional distancing. Children and teens can and should stay social and emotionally connected with their peers and others. Healthy relationships and social connections are key in fostering positive social-emotional development and resilience. Strategies to help parents promote healthy and positive relationships during a time of increased physical distance and stress will be provided. Parents will be empowered to have meaningful conversations with their children to build the parent-child relationship, as well as help their children develop and maintain healthy relationships with their peers in person and safely online.

### **May 31 Understanding Social Media Use in Teens**

6:30 PM - 8:30 PM

The world of social media is constantly changing, and it can be hard to keep up. This session will look at some of the most popular platforms among Canadian youth and how to protect privacy and keep everyone safe. We will also discuss the effects of social media use on teen mental health and how to promote healthy social media habits in a digital world.

### **June 1 Trans & Parent Perspectives: How to support transgender, non-binary and gender non-conforming youth**

6:30 PM - 8:00 PM

### **June 2 Children and Parenting After Separation ' Parenting Coordination and other Dispute Resolution Processes '**

10:00 AM - 11:30 AM

Court is not the only way to resolve family law problems, and it's not always the best way to resolve family law problems. In this webinar, we'll talk about some alternatives to court. We'll cover mediation, where a neutral person helps people reach an agreement on their own, and arbitration, where a neutral person makes a decision resolving a problem, just like a judge. We'll also talk about parenting coordination, a long-term process that combines parts of mediation and parts of arbitration to resolve problems while helping people learn to communicate better and resolve problems on their own.

## June 2 Parenting, Pedantics & Peculiarities during the Pandemic

6:30 PM - 8:00 PM

## June 3 From Homework to Housework: Raising Responsible Children For parents of children 5 – 12 years old

6:30 PM - 8:00 PM

## June 8 Habits of Mental Health

1:00 PM - 3:00 PM

Everyone has mental health which is equally important as physical health. Just like physical health, we need proper supports, strategies, and healthy coping habits to maintain an optimal wellbeing. In this webinar we will go through various ways to facilitate positive mental wellbeing as well as the many benefits of positive mental health.

## June 9 Starting or changing medication for your child/youth's mental health? An introduction to genotype-guided prescribing

6:30 PM - 7:30 PM

**Don't know what's happening in your community?**

**Are you always the last to know?**

**IF YOU'RE  
WAITING  
FOR A SIGN  
THIS  
IS IT.**

Scan the QR Code or go to  
[www.surveymonkey.com/r/B03F0HS](http://www.surveymonkey.com/r/B03F0HS)



**to sign up for the Monthly Email of Events and Resources  
for Vulcan County**

**BE IN THE KNOW**

This is a great way to find out about programs for individuals, seniors and families.  
You will get an email once a month with all information we know about in our community



**Vulcan Prairie View School Council Foundation Agenda  
April 27th, 2021**

Present:

Regrets:

Quorum:

Meeting Called to Order:

Agenda Presented:

Minutes Presented from March 16th, 2020- Nancy Nolan

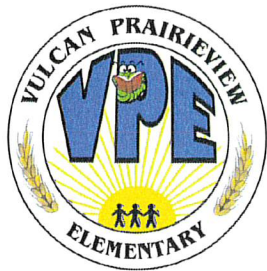
Casino Report: Marla Loyva

Principal Report: Tracy Inaba

Treasurer Report: Shila Provost

New Business:





## **VULCAN PRAIRIEVIEW ELEMENTARY SCHOOL**

305 – 6 Ave. S., Box 300, Vulcan, Alberta T0L 2B0

Phone: (403) 485-2074 Fax: 485-6352

Principal: Tracy Inaba, B.Ed., M.Ed.

### **School Council Principal's Report - April 27, 2021**

#### **Discussion Items:**

- **K-3 Literacy Assessment**
  - Assessment was done with students in K-3 and results sent in to AB Ed.
- **Sanitizer/Soap**
  - We have been having a lot of students with sore hands lately.
- **Assurance survey**
  - Staff and students have completed theirs. So far, we have 18 parent surveys completed.
- **New Draft Curriculum**
  - Teacher perspectives on the new draft curriculum.
- **Swimming**
  - Times have been booked. Not sure if we will be able to go with COVID restrictions - 50/50.
- **Last day of school**
  - We've started talking about what the last few days of school could look like. Looking for parent feedback and ideas.

#### **Information items:**

- Pitch-in garbage clean up - On Thursday.
- Fitness challenge

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### **School Council Foundation**

#### **Principal's Report - April 27, 2021**

- Clay for Kids update
- Wishlist - have purchased most of the items
- Playground/outdoor classroom update from Palliser facilities



## **Prairieview School Council Meeting April 27, 2021**

### **Highlights of Board of Trustees Meeting Tues, March 30, 2021**

**Palliser Facility Department Report:** Facility Services Supervisor, Rod Swartzenberger shared the great things that are happening in Palliser schools and on the school grounds. Sprinklers are being installed, parking lots upgraded, floors are being replaced, as well as other projects too numerous to mention. The schools and the grounds are looking great! Rod thanked all the maintenance staff for continuing all the work they have done as COVID has changed how things are done. He thanked maintenance staff for keeping the schools running and safe without missing a beat. He also thanked all the custodians who continue everyday to keep the schools safe for staff and students. Since September they have been working hard daily to keep our staff and students safe with disinfecting and cleaning.

**Human Resource Services Report:** The Human Resources Department works hard to seamlessly provide services to staff in the Palliser School Division. The Human Resource Services team serves 1005 contracted employees (535 Certificated Staff, 470 Support Staff), and 583 casual and substitutes, across the division for a total of 1588 employees and casual/sub employees. Human Resource Services reduced HR staff by one starting the 2020-2021 school year for a total of 4 HR team members. In 2018-2019, the HR team was reduced to 5 members. In 2017-2018, there were 6 HR team members. Human Resource Services is dedicated to ensuring the Palliser School Division is able to provide an exceptional learning experience for all students, by making certain there is outstanding staff throughout the division and supporting them so they can serve Palliser students.

**School Councils and Fundraising:** [Administrative Procedure 520 - School Fundraising](#), outlines the steps schools must follow when raising money for special projects or items. [Administrative Procedure 521 - School Generated Funds](#), supplement the non-instructional operations of the school program and should only be considered for specific purposes and must be used only for the purpose for which they are raised (example foods program, band programs, and athletics). Often school councils will raise funds for specific purposes (hotdogs days, sports days) and in other instances, there may be a society under the school council umbrella that raises funds for school projects (casino's, bingos).

**Congratulations:** Chair Robert Strauss congratulated Dr. Adam Browning for completing his Doctorate. Dr. Browning's hard work is evident in all that he does and it benefits all Palliser students.

## **Highlights of Board of Trustees Meeting Tues, April 27, 2021**

**Alberta Education Draft Curriculum Discussion:** The Palliser School Division Board of Trustees has taken the opportunity and time to listen to its teachers, parents and senior administration. Since the Draft K-6 Curriculum was released on March 29, 2021, Palliser School Division has sought feedback from teachers and administration, listened to concerned parents and attended information sessions on the proposed pilot projects. The information that was gained from all these sources has led to the Board's decision not to pilot the Draft K-6 Curriculum. The Board does not feel it would be in the best interest of the Palliser School Division, its students, its staff or the community to be involved in such a major pilot project at this time. COVID-19 has placed a tremendous challenge on the staff and students in the division and the community. The Board's priority is, and will continue to be, creating and maintaining safe and healthy learning environments for students and staff. Preparing to return to school next September will already be a challenging and complex task without a pilot project involved. Creating a positive, safe environment for students to return to in-person learning next September will be the Board's focus.

**Three Year Capital Plan:** The Three Year Capital Plan and the Ten Year Planning Priorities (2021-2031) were approved by the Board for submission to Alberta Education. Coalhurst High School, County Central High School, and Sunnyside School are the top three schools identified by the Board and Administration as needing a face-lift. Alberta Education approved the building of a new school in Coaldale and that construction will begin soon.

**Policy Update:** Policy development and review is a governance responsibility of the Palliser School Division. An effective policy development and review process assists the Board in governing the school division effectively. Over this school year, the trustees will have reviewed each of the policies. The Board is committed to reviewing the policies on an annual basis and invites the community to provide input. <https://www.pallisersd.ab.ca/about-us/policies>

The next meeting of the Palliser Board of Trustees is May 25, 2021.

Any questions or concerns please contact Robert Strauss (403) 485-1758 or Lorelei Bexte (403) 485-0823.